

MONDAY

- 10am** Art Class - Guild Room
☎ Mike Spicer 01664 822404
- 10am and 11.15am** Baby Sensory - All Hall
☎ Nicola Cockayne 07779 256090
- 1pm** Silver Surfers - Hall A
☎ The Helpful Bureau on 9491175
- 6.30pm** Tai Chi meet in the Hall
☎ Ken Twist 978 8905
- 7.30pm** Note-ability - Guild Room
☎ Mark Ramsey 943 1765

TUESDAY

- 9.30am** Parent and Toddlers in the Hall
☎ Carol Foster 922 5161
NCT Bumps and Babies - Guild Room
☎ Annabelle Imray 0115 9197489
- 2pm** Movement to Music Class for the over 55's
☎ The Helpful Bureau on 9491175
- 7.30pm** Tai Chi meet in the Hall
☎ John Read 0115 922 3999

WEDNESDAY

- 9.30am** Parent and Toddlers in the Hall
☎ Carol Foster 9225161
- 4pm** Kumon Maths and English - Guild Room
☎ Stuart Taylor 849 9290
- 5.30pm** Slimming World - Hall A
☎ Charlotte 0115 9288263
- 7pm** NCT Antenatal - Guild Room
☎ Annabelle Imray 0115 9197489

THURSDAY

- 2pm** 2 O'clock Club in the Hall
☎ Pat Herod 0115 9258374
- 5pm** Nottingham Youth Band
☎ Music for Everyone 0115 9596484
- 7.30pm** Exercise Class - Hall A
☎ Rowan Eyres 0777 9774347

SATURDAY

- 10am** Kumon Maths and English - Guild Room
☎ Stuart Taylor on 849 9290
- 1.30pm** NCT Antenatal - Guild Room
☎ Annabelle Imray 0115 9197489